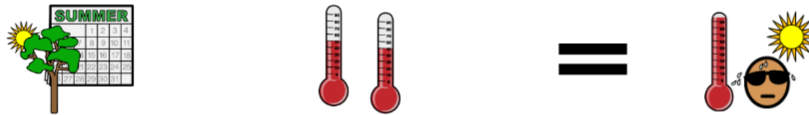


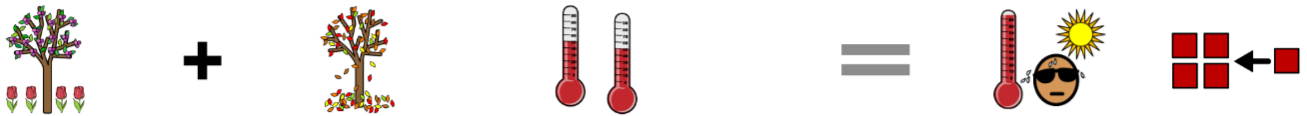
Heat Safety



Summer temperatures are hot.



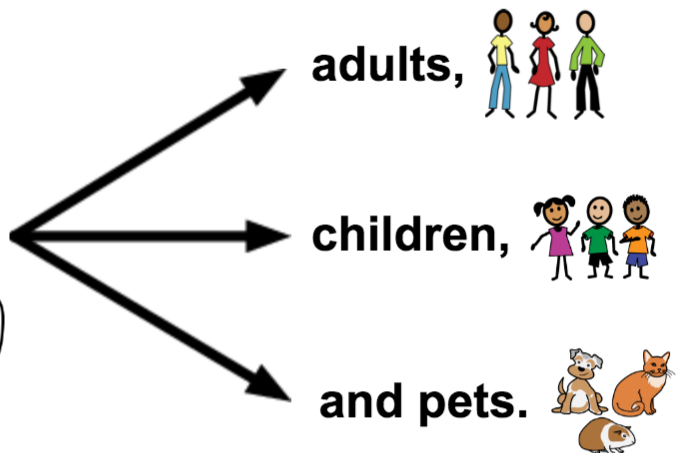
Spring and fall temperatures can be hot too.



Heat is dangerous for people with disabilities.



Heat is dangerous for all



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This content was created in collaboration with the National Weather Service.





Heat can make people feel dizzy and sick.



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To be safe:



stay in cool places,



wear light, loose clothes,



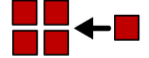
and drink water.



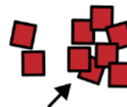
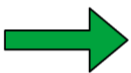
People should check on neighbors and friends too.



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Go to weather.gov/safety for more information.



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