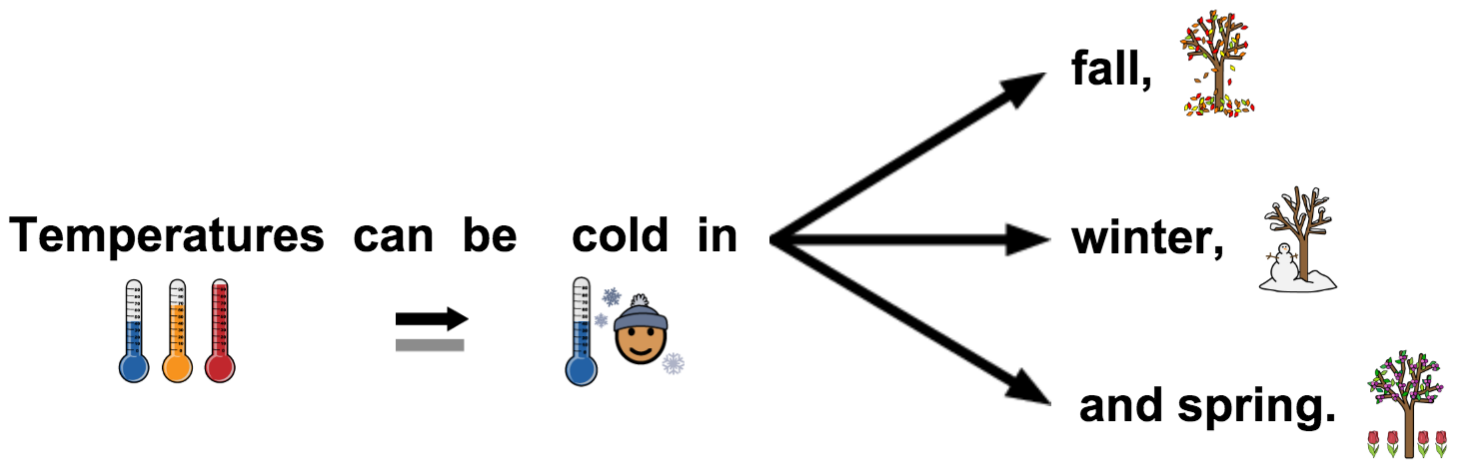
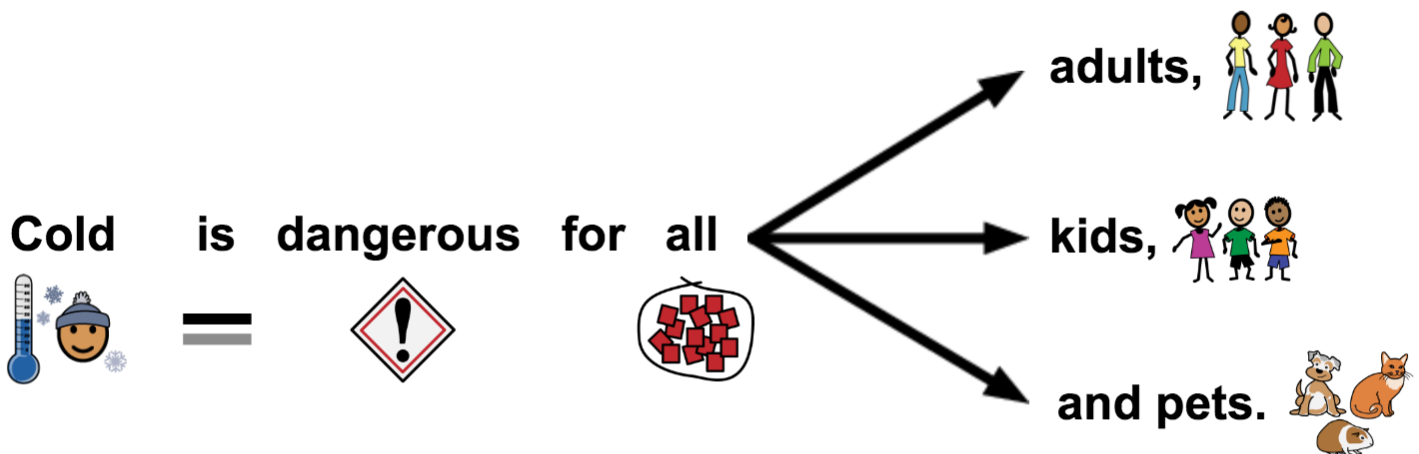


# Cold Safety



Cold is dangerous for people with disabilities.



[weather.gov/safety](http://weather.gov/safety)



This content was created in collaboration with the National Weather Service.



**Cold** makes **people** **feel** **confused,** **tired,** and **in pain.**

**People** should **stay** **in** **warm** **places.**

**They** should **wear** **layers** **of** **clothing.**

**They** should **wear** **hats,** **gloves,** and **waterproof shoes.**

[weather.gov/safety](http://weather.gov/safety)

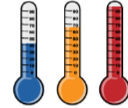


This content was created in collaboration with the National Weather Service.

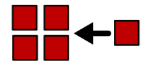




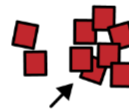
People can ask for help in cold temperatures.



People should check on neighbors and friends too.



Go to [weather.gov/safety](http://weather.gov/safety) for more information.



[weather.gov/safety](http://weather.gov/safety)



This content was created in collaboration with the National Weather Service.

